

FOR IMMEDIATE RELEASE:

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## **Office for the Aging Offering Ask the Doctor Program**

The St. Lawrence County Office for the Aging is pleased to announce an exciting new program, *Ask the Doctor*. Dr. Gary Berk will be providing a free medical consultation service to patients and their families/friends to help them understand their medical conditions and help them make decisions regarding the risks and benefits of treatment. Dr. Berk is a family physician who practiced in Hermon for 35 years and is now retired. People can make appointments to be seen at the Office for Aging and have an hour to review medical records, review portal information and ask questions. The visit is not a substitute for medical care; it is effort to improve that medical care through better understanding and knowledge by the patient.

Dr. Berk will be seeing people **one day a month, by appointment only**. Clients with acute questions can call the office and staff will try to accommodate same day appointments. However, this will only be available on the scheduled, one day per month Dr. Berk is in the office.

Please note, this service is a **free medical consultation only**; no onsite hands-on medical care, treatment and/or prescriptions will be provided. Clients seeking this form of care must call their own providers, go to urgent care and/or the emergency room as applicable.

To make an appointment, please call the Office for the Aging at (315) 386-4730. Clients are asked to bring along medical records, your portal sign in information or just be prepared to tell your story. Former patients of Dr. Berk's are welcome to participate.

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### About St. Lawrence County Office for the Aging:

The Office for the Aging provides service and advocacy for county residents 60 years and older. Programs and services include: NY Connects, Nutrition Centers with Congregate Dining and Home Delivered Meals; Home Care Services; Family Caregiver Support & Respite; Medical Transportation; Legal Services; Health Insurance Information Counseling and Assistance. The Office's mission is to develop a service system specifically designed to best meet the social and human needs of the elderly.

### Contact:

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