



## St. Lawrence County Office for the Aging

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### **Social & Recreational Programming Survey**

The purpose of this survey is to gather more information about the activities that St. Lawrence County residents age 60+ would participate in. The St. Lawrence County Office for the Aging will use this information to work with community partners to plan and offer more activities in the community. **Thank you for taking the time to fill out this survey, as your opinion is very valuable to us.**

1. What is your gender?

- Male
- Female
- Other

2. What town do you live in? \_\_\_\_\_

3. What is your age? \_\_\_\_\_

4. Do you have access to transportation to get to activities?

- Yes
- No
- Unsure

5. What is your usual method of transportation?

- Driving
- Rides from others
- Bus
- Taxi
- Walking
- Other (please specify): \_\_\_\_\_

6. How far would you be willing to travel from your home to participate in activities of interest?

- Up to 10 minutes
- Up to 20 minutes
- Up to 30 minutes
- More than 30 minutes

7. To what extent would you be interested in the following events/activities:

	Not at all	Very little	Somewhat	Quite a bit	A great deal
Technology classes and help sessions					
Bingo, bridge, mahjong, or other games					
Gardening					
Knitting, quilting, or crocheting					
Live music concerts					
Art classes					
Craft sessions (woodworking, jewelry making, etc.)					
Volunteering in the community					
Wii Sports					
Yoga, tai chi, Zumba, or other exercise programs					
Book clubs					
Nature clubs, walking, or other outdoor events					
Holiday events					

Wellness Programming (Meditation, Nutrition Education, etc.)					
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Other: \_\_\_\_\_

8. If activities/events were held, what days of the week would work best for you?

(Please select all that apply)

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

9. If activities/events were held, what times would work best for you?

(Please select all that apply)

- Early morning (7am-10am)
- Late morning (10am-12pm)
- Early afternoon (12pm-2pm)
- Late afternoon (2pm-5pm)
- Evenings (5pm-8pm)

10. How much of a fee would you be willing to contribute for activities/events that require a paid instructor?

- Less than \$3
- \$3 - \$5
- \$5 - \$7
- \$7 - \$10
- More than \$10

11. Do you have knowledge or a skill that you would be willing to share?

- Yes
- No
- Maybe

If so, please explain what areas you could offer? (teaching a skill, instructing a class, greeter, office/receptionist work, etc.) \_\_\_\_\_

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If you are willing to share a skill, knowledge or volunteer, please provide contact information below:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Please return this survey to:**

**St. Lawrence County Office for the Aging**

**80 State Highway 310, Suite 7**

**Canton, NY 13617**

**Fax: 315-386-8636**

**Email: [nyconnects@stlawco.org](mailto:nyconnects@stlawco.org)**