



**Public Health**

Prevent. Promote. Protect.

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ESTABLISHED 1936

# MENTAL HEALTH & SUBSTANCE USE

*Resource Guide*

# 24/7 Crisis Support

Agency	Contact Information
Citizen Advocates <a href="http://citizenadvocates.net">citizenadvocates.net</a>	518-483-3261 518-891-5535 Ogdensburg 315- 713-9090 Malone 518-481-8160 Watertown 315-755-1251
Citizen Advocates (REACHOUT)	315-265-2422
Claxton Hepburn Medical Campus/Center <a href="http://claxtonhepburn.org">claxtonhepburn.org</a>	315-713-5169
Renewal House <a href="http://slvrenewalhouse.org">slvrenewalhouse.org</a>	315-379-9845
988 Suicide & Crisis Hotline <a href="http://988lifeline.org">988lifeline.org</a>	Call or Text 988

**If you are experiencing a medical emergency,  
please dial 911.**

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# Detox Services

<b>Agency</b>	<b>More Information</b>
Citizen Advocates Behavioral Health Urgent Care Center <a href="http://citizenadvocates.net">citizenadvocates.net</a>	Ogdensburg 315-713-9090 Malone 518-481-8160 Watertown 315-755-1251
Rochester Regional Health <a href="http://rochesterregional.org">rochesterregional.org</a>	Gouverneur 315-261-5969 Massena 315-842-3076

# Medication Assisted Recovery Services

<b>Agency</b>	<b>More Information</b>
Citizen Advocates citizenadvocates.net	Ogdensburg 315-713-9090 Massena 315-764-8076
Rochester Regional Health rochesterregional.org	Gouverneur 315-261-6333 Massena 315-842-3076 Canton-Potsdam 315-353-2572
St. Lawrence County Addiction Services stlawco.gov/Departments/CommunityServices/Addiction Services	Canton 315-386-2189

# Substance Use Disorder Outpatient Services

Agency	More Information
<p style="text-align: center;">Citizen Advocates Behavioral Health Urgent Care Center citizenadvocates.net</p>	<p>Ogdensburg 315-713-9090 Malone 518-481-8160 Watertown 315-755-1251</p>
<p style="text-align: center;">Rochester Regional Health rochesterregional.org</p>	<p>Gouverneur 315-261-6333 Massena 315-261-5680 Potsdam 315-353-2572</p>
<p style="text-align: center;">St. Lawrence County Addiction Services stlawco.gov/Departments/Commu nityServices/Addiction Services</p>	<p style="text-align: center;">Canton Ogdensburg 315-386-2189</p>
<p style="text-align: center;">St. Regis Mohawk A/CD Program srmt-nsn.gov/alcohol-chemical- dependency</p>	<p style="text-align: center;">Akwesasne (Native Americans) 518-358-3141</p>

# Substance Use Disorder Inpatient Services

Agency	More Information
St. Lawrence Addiction Treatment Center <a href="http://oasas.ny.gov/location/st-lawrence-addiction-treatment-center">oasas.ny.gov/location/st-lawrence-addiction-treatment-center</a>	Ogdensburg 315-386-2189
St. Joseph's <a href="http://stjoestreatment.org/inpatient-treatment">stjoestreatment.org/inpatient-treatment</a>	Saranac Lake 518-891-4135 Veteran Line 844-891-8387
Rochester Regional Health <a href="http://rochesterregional.org">rochesterregional.org</a>	Potsdam 315-261-5954
Partridge House <a href="http://srmt-nsn.gov/partridge_house">srmt-nsn.gov/partridge_house</a>	Akwesasne (Native Americans) 518-358-2223
Grace House <a href="http://gracehousecantonnny.org">gracehousecantonnny.org</a>	Potsdam 315-274-0023
North Country Freedom Homes <a href="http://stjoestreatment.org/north-country-freedom-homes">stjoestreatment.org/north-country-freedom-homes</a>	Canton 315-379-0139

# Peer Services

Agency	More Information
39 Serenity Place 39serenityplace.com	Massena 315-250-7410
Citizen Advocates citizenadvocates.net	Ogdensburg 315-713-9090 Malone 518-481-8160 Watertown 315-755-1251
Community Health Center of the North Country chcnorthcountry.org	Ogdensburg 315-535-1325
Northern Regional Center of Independent Living nrcil.net	Ogdensburg 315-785-8703
St. Lawrence County Addiction Services stlawco.gov/Departments/Community Services/AddictionServices	Canton 315-386-2189
The Valley Recovery Center svpc.net/our-programs/peer-support	Ogdensburg 315-541-3057

# Overdose Prevention Services

Agency	More Information
Citizen Advocates citizenadvocates.net	Ogdensburg 315-713-9090 Malone 518-481-8160 Watertown 315-755-1251
Community Health Center of the North Country <a href="http://chcnorthcountry.org">http://chcnorthcountry.org</a>	Ogdensburg 315-535-1325
Next Distro <a href="http://nextdistro.org">nextdistro.org</a>	Online only
NY Matters <a href="http://mattersnetwork.org">mattersnetwork.org</a>	Online only
St. Lawrence County Addictions Services <a href="http://stlawco.gov/Departments/CommunityServices/%20AddictionServices">stlawco.gov/Departments/CommunityServices/%20AddictionServices</a>	Canton 315-386-2189
The Valley Recovery Center <a href="https://svpc.net/our-programs/recovery/">https://svpc.net/our-programs/recovery/</a>	Ogdensburg 315-541-3057

# Mental Health Outpatient Services

Agency	More Information
Citizen Advocates Behavioral Services <a href="http://citizenadvocates.net">citizenadvocates.net</a>	Massena 315-764-8076 Malone 518-483-3261 Saranac Lake 518-891-5535 Watertown 315-755-1251
Citizen Advocates Behavioral Health Urgent Care <a href="http://citizenadvocates.net">citizenadvocates.net</a>	Malone 518-481-8160 Ogdensburg 315-713-9090 Watertown 315-755-1251
Claxton Hepburn Medical Campus/Center <a href="http://claxtonhepburn.org">claxtonhepburn.org</a>	Ogdensburg 315-713-5720
Clifton-Fine Hospital <a href="http://cliftonfinehospital.org/">cliftonfinehospital.org/</a>	Clifton-Fine 315-848-2835
Community Health Center of the North Country <a href="http://chcnorthcountry.org">chcnorthcountry.org</a>	Canton 315-386-8191 Governour 315-287-4440 Ogdensburg 315-713-9350 Malone 518-483-0109

# Mental Health Outpatient Services

Agency	More Information	
Potsdam VA Clinic <a href="http://va.gov/syracuse-health-care/locations/potsdam-va-clinic">va.gov/syracuse-health-care/locations/potsdam-va-clinic</a>	Potsdam	315-425-3463
Rochester Regional Health <a href="http://rochesterregional.org">rochesterregional.org</a>	Gouverneur Massena Canton- Potsdam	315-261-5415 315-261-5680 315-261-5405
St. Lawrence County Mental Health Services <a href="http://stlawco.gov/Departments/CommunityServices/MentalHealthServices">stlawco.gov/Departments/CommunityServices/MentalHealthServices</a>	Canton	315-386-2167
St. Lawrence Psychiatric Center Wellness Centers <a href="http://omh.ny.gov/omhweb/facilities/slpc">omh.ny.gov/omhweb/facilities/slpc</a>	Gouverneur Massena Ogdensburg	315-287-2811 315-769-8441 315-394-0101
United Helpers Behavioral Health <a href="http://unitedhelpers.org">unitedhelpers.org</a>	Ogdensburg Canton	315-541-3042 315-386-0264

# Mental Health Inpatient Services

<b>Agency</b>	<b>More Information</b>
Claxton Hepburn Medical Campus/Center <a href="http://claxtonhepburn.org">claxtonhepburn.org</a>	Ogdensburg 315-3933600
St. Lawrence Psychiatric Center <a href="http://omh.ny.gov/omhweb/facilities/slpc">omh.ny.gov/omhweb/facilities/slpc</a>	Gouverneur 315-261-5969 Massena 315-842-3076

# Case Management

Agency	More Information
Catholic Charities <a href="http://cathcharities.org/services">cathcharities.org/services</a>	Ogdensburg 315-393-2255
Maximizing Independent Living Choices <a href="http://milcinc.org">milcinc.org</a>	Massena and 315-764-9442 Ogdensburg
Community Services Single Point of Access (SPOA) <a href="http://stlawco.gov/Departments/CommunityServices/Community-ServicesOverview">stlawco.gov/Departments/CommunityServices/Community-ServicesOverview</a>	Canton 315-229-3871
Northern Regional Center for Independent Living <a href="http://nrcil.net">nrcil.net</a>	Ogdensburg 315-785-8703
Thrive <a href="http://thriveny.com">thriveny.com</a>	Ogdensburg 315-393-4610
Step by Step, Inc. <a href="http://stepbystepinc.org">stepbystepinc.org</a>	Ogdensburg 315-394-059

# Transportation Services

<b>Agency</b>	<b>More Information</b>
SLC Public Transit <a href="http://slcnypublictransit.com">slcnypublictransit.com</a>	315-286-2600
First Mile Last Mile <a href="http://slcnypublictransit.com">slcnypublictransit.com</a>	315-386-2600
Volunteer Transportation Center <a href="http://volunteertransportationcenter.org">volunteertransportationcenter.org</a>	315-714-2034
Rides to Recovery <a href="http://svpc.net/our-programs/recovery">svpc.net/our-programs/recovery</a>	315-541-3057

# Smoking Cessation Services

<b>Agency</b>	<b>More Information</b>
Citizen Advocates <a href="http://citizenadvocates.net">citizenadvocates.net</a>	Ogdensburg 315-764-8076 Massena 315-713-9090
NY Smokers Quitline <a href="http://nysmokefree.com/Home/Contact">nysmokefree.com/Home/Contact</a>	Call 866-697-8487 Text 716-309-4688

**YOU  
MATTER**

**TEXT.  
CALL.  
CHAT.**

**988**  
—  
SUICIDE & CRISIS  
LIFELINE

**24/7 Support by calling or texting 988.  
Online Chat available at [988Lifeline.org](https://988Lifeline.org)**

**If you are a Veteran,  
dial 988 and press 1, or text 838255.**