



Public Health

Prevent. Promote. Protect.

ESTABLISHED 1936

MENTAL HEALTH & SUBSTANCE USE

Resource Guide

24/7 Crisis Support

Agency	Contact Information
Citizen Advocates citizenadvocates.net	518-483-3261 518-891-5535 Ogdensburg 315- 713-9090 Malone 518-481-8160 Watertown 315-755-1251
Citizen Advocates (REACHOUT)	315-265-2422
Claxton Hepburn Medical Center claxtonhepburn.org	315-713-5169
Renewal House slvrenewalhouse.org	315-379-9845
988 Suicide & Crisis Hotline 988lifeline.org	Call or Text 988

**If you are experiencing a medical emergency,
please dial 911.**

**YOU
MATTER**

**TEXT.
CALL.
CHAT.**

988

**SUICIDE & CRISIS
LIFELINE**

**24/7 Support by calling or texting 988.
Online Chat available at 988Lifeline.org**

**If you are a Veteran,
dial 988 and press 1, or text 838255.**

Table of Contents

Detox Services	1
Substance Use Disorder - Inpatient Services	2-3
Substance Use Disorder - Outpatient Services	4
Medication Assisted Recovery Services	5
Mental Health Outpatient Services	6-7
Mental Health Inpatient Services	8
Peer Services	9-10
Case Management	11
Overdose Prevention Services	12
Transportation Services	13
Smoking Cessation Services	14

Detox Services

Agency	More information
Citizen Advocates Behavioral Health Urgent Care Center citizenadvocates.net	Ogdensburg 315-713-9090 Malone 518-481-8160 Watertown 315-755-1251
Rochester Regional Health rochesterregional.org	Gouverneur 315-261-5969 Massena 315-842-3076

Medication Assisted Recovery Services

Agency	More information
Citizen Advocates citizenadvocates.net	Ogdensburg 315-713-9090 Massena 315-764-8076
Rochester Regional Health rochesterregional.org	Gouverneur 315-261-6333 Massena 315-842-3076 Canton-Potsdam 315-353-2572
St. Lawrence County Addiction Services stlawco.gov/Departments/CommunityServices/Addiction Services	Canton 315-386-2189

Substance Use Disorder Outpatient Services

Agency	More information
Citizen Advocates Behavioral Health Urgent Care Center citizenadvocates.net	Ogdensburg 315-713-9090 Malone 518-481-8160 Watertown 315-755-1251
Rochester Regional Health rochesterregional.org	Gouverneur 315-261-6333 Massena 315-261-5680 Potsdam 315-353-2572
St. Lawrence County Addiction Services stlawco.gov/Departments/CommunityServices/Addiction Services	Canton Ogdensburg 315-386-2189
St. Regis Mohawk A/CD Program srmt-nsn.gov/alcohol-chemical-dependency	Akwesasne (Native Americans) 518-358-3141

Peer Services

Agency	More information
39 Serenity Place 39serenityplace.com	Massena 315-250-7410
Citizen Advocates citizenadvocates.net	Ogdensburg 315-713-9090 Malone 518-481-8160 Watertown 315-755-1251
Community Health Center of the North Country chcnorthcountry.org	Ogdensburg 315-535-1325
Northern Regional Center of Independent Living nrcil.net	Ogdensburg 315-785-8703
St. Lawrence County Addiction Services stlawco.gov/Departments/Community Services/AddictionServices	Canton 315-386-2189
The Valley Recovery Center svpc.net/our-programs/peer-support	Ogdensburg 315-541-3057

Substance Use Disorder Inpatient Services

Agency	More information
St. Lawrence Addiction Treatment Center oasas.ny.gov/location/st-lawrence-addiction-treatment-center	Ogdensburg 315-386-2189
St. Joseph's stjoestreatment.org/inpatient-treatment	Saranac Lake 518-891-4135 Veteran Line 844-891-8387
Rochester Regional Health rochesterregional.org	Potsdam 315-261-5954
Partridge House srmt-nsn.gov/partridge_house	Akwesasne (Native Americans) 518-358-2223
Grace House gracehousecantonnny.org	Canton 315-386-3904
North Country Freedom Homes stjoestreatment.org/north-country-freedom-homes	Canton 315-379-0139

Mental Health Outpatient Services

Agency	More information
Citizen Advocates Behavioral Services citizenadvocates.net	Massena 315-764-8076 Malone 518-483-3261 Saranac Lake 518-891-5535 Watertown 315-755-1251
Citizen Advocates Behavioral Health Urgent Care citizenadvocates.net	Malone 518-481-8160 Ogdensburg 315-713-9090 Watertown 315-755-1251
Claxton Hepburn Medical Campus claxtonhepburn.org	Ogdensburg 315-713-5720
Clifton-Fine Hospital cliftonfinehospital.org/	Clifton-Fine 315-848-2835
Community Health Center of the North Country chcnorthcountry.org	Canton 315-386-8191 Gouverneur 315-287-4440 Ogdensburg 315-713-9350 Malone 518-483-0109

Mental Health Outpatient Services

Agency	More information
Potsdam VA Clinic va.gov/syracuse-health-care/locations/potsdam-va-clinic	Potsdam 315-425-3463
Rochester Regional Health rochesterregional.org	Gouverneur 315-261-5415 Massena 315-261-5680 Canton- 315-261-5405 Potsdam
St. Lawrence County Mental Health Services stlawco.gov/Departments/CommunityServices/MentalHealthServices	Canton 315-386-2167
St. Lawrence Psychiatric Center Wellness Centers omh.ny.gov/omhweb/facilities/slpc	Gouverneur 315-287-2811 Massena 315-769-8441 Ogdensburg 315-394-0101
United Helpers Behavioral Health unitedhelpers.org	Ogdensburg 315-541-3042 Canton 315-386-0264

Mental Health Inpatient Services

Agency	More information
Claxton Hepburn Medical Campus claxtonhepburn.org	Ogdensburg 315-3933600
St. Lawrence Psychiatric Center omh.ny.gov/omhweb/facilities/slpc	Gouverneur 315-261-5969 Massena 315-842-3076

Case Management

Agency	More information
Catholic Charities cathcharities.org/services	Ogdensburg 315-393-2255
Maximizing Independent Living Choices milcinc.org	Massena and 315-764-9442 Ogdensburg
Community Services Single Point of Access (SPOA) stlawco.gov/Departments/CommunityServices/Community-ServicesOverview	Canton 315-229-3871
Northern Regional Center for Independent Living nrcil.net	Ogdensburg 315-785-8703
Thrive tlsnny.com	Ogdensburg 315-393-4610
Step by Step, Inc. stepbystepinc.org	Ogdensburg 315-394-059

Overdose Prevention Services

Agency	More information
Citizen Advocates citizenadvocates.net	Ogdensburg 315-713-9090 Malone 518-481-8160 Watertown 315-755-1251
Community Health Center of the North Country http://chcnorthcountry.org	Ogdensburg 315-535-1325
Next Distro nextdistro.org	Online only
NY Matters mattersnetwork.org	Online only
St. Lawrence County Addictions Services stlawco.gov/Departments/CommunityServices/%20AddictionServices	Canton 315-386-2189
The Valley Recovery Center https://svpc.net/our-programs/recovery/	Ogdensburg 315-541-3057

Transportation Services

Agency	More information
SLC Public Transit slcnypublictransit.com	315-286-2600
First Mile Last Mile slcnypublictransit.com	315-386-2600
Volunteer Transportation Center volunteertransportationcenter.org	315-714-2034
Rides to Recovery svpc.net/our-programs/recovery	315-541-3057

Smoking Cessation Services

Agency	More information
Citizen Advocates citizenadvocates.net	Ogdensburg 315-764-8076 Massena 315-713-9090
NY Smokers Quitline nysmokefree.com/Home/Contact	Call 866-697-8487 Text 716-309-4688



North Country
Addictions Resource Center

NORTH COUNTRY RESOURCES

Ready To Find
Help?

Local resources are available to support those struggling with addiction! Check out our Services Directory for information on how to find help in your county.



<https://northcountryaddictionsrc.org>



Scan QR code for an up-to-date list of services