February SLC Youth Committee Meeting Minutes

Sunday, February 6, 2022

Meeting called to order: 4:03 pm

Attendance: Alexa Backus, Rebekah Zuhlsdorf, Nicole Terminelli, Adam Simmons, Cole Siebels, Amanda Woods.

Guest: Elif Cetinkaya, Ashley McKinley, Johannes Richter, Noah Locy, Conner Jenack, Anant Bansal, Keegan Jones, Madalyn Richards, Jessica Hoffman, Joanie Shaw, Peyton Taylor, McKensi Foster, Logan Dobbins, and Lyndsey Best.

Approval for January Meeting Minutes: Motion to Approve: Amanda, Second: Cole, All in favor.

Welcome to the St. Lawrence County Youth Committee

Activity & Introductions

2021-2022 secretary position open

• Consideration to nominate and vote during March meeting

Opportunities and Responsibilities

- Student representation from every high school in SLC
 - Attendance is necessary

2022 Vision

- Suicide Awareness and Prevention in St. Lawrence County
 - WPBS Documentary-Update
 - Youth Committee members to view documentary "Facing Suicide" and lead a panel discussion in September
 - Partnership with US Attorney's Office
 - Marilyn Morey, former Victim Witness Specialist w US Attorney
 - Sextortion and Suicide Prevention
 - Youth Committee launches PR campaign and timeline
 - QPR Training via Reachout with Ed Sachs
 - Selection of best day and time to participate in the training
 - February 21, 2022 at 10:00am

2022 Meeting Days and Times

- One Sunday each month at 4:00pm, typically 3rd Sunday each month
- During our Extortion/Suicide Prevention meetings may increase in frequency and duration

Brainstorming Activities and Initiatives-Follow Up

Monthly Newsletter Content

- Submit articles, pictures, poetry to the Youth Bureau. Contact us for ideas, topics, and suggestions
- Content due by Monday, February 28th for March newsletter

April Trash Dash Planning

- Last year, 5 locations Canton, Potsdam, Gouverneur, Ogdensburg, and Massena
- Earth Day Friday, April 22nd
- Global Youth Service Day April 29th-May 1st (Saturday, April 30th)

Partnership with St Lawrence County Suicide Coalition in May

- National Mental Health Awareness Month
- Reducing the stigma
- Suicide Awareness 5K in September

Meeting Wrap Up

- Review actions to be taken
- Next anticipated meeting
 - o Sunday, March 20, 2022 @ 4:00pm

Meeting adjourned @ 5:08