St. Lawrence County Youth Committee Minutes Meeting Date - Sunday, April 24, 2022

Meeting Called to Order at - 4:03pm

Attendance - Amelia Rodee, Kristin Backlund, Alexa Backus, Cole Siebels, Julie Jeffers, Amanda Woods, Prudence Cutwa, Ashley McKinley, Adam Simmons, Lucie Burns, Gina Reed, Jeremy Cragnolin, Lisa Fletcher, Michael Neaton, Kristin Titchette, Rebekah Zuhlsdorf, Mattie Lomoglio, Johannes Richter

Minutes from Meeting on: April 10, 2022

Motioned to Approve by: Amanda Woods and Johannes Richter

New members introduced themselves

St. Lawrence County Teen Sextortion and Suicide Prevention Campaign-

- Partnership with local Law Enforcement, FBI, Sheriff's Department, District Attorney's Office, Homeland Security, and many Social Service Organizations
- Law Enforcement and Human Service Organizations are assigned to Youth Committee Ambassadors and schools

Two - Pronged Message:

- You don't know who you are really communicating with on social media and you shouldn't send messages or images that you don't want shared with others
- If something goes wrong, even terribly wrong, in social media interactions (or any other circumstance), all is not lost. There are people who can help and friends to support you.

Artwork and Video Campaign Contest:

- Video length is to be no longer than three minutes
- The due date is Friday, May 6, 2022
- Judging
- Flyers, Posters, and Magnets have been delivered to schools
- Online Registration Process allows Teen Ambassadors to reach out to the participants Number of registrants to date-
 - Ambassadors make announcements about registering for the art and video contest, help communicate with administration about the magnets

Teen Survey:

- All responses are completely anonymous
- 10-11 questions will be asked to registrants about their knowledge of Sextortion and Suicide Awareness

Schools with gaps and/or gaps with supporting adults:

- Clifton Fine (2)
- Edwards Knox (2)
- Hammond (2)
- Hermon DeKalb (2)
- Heuvelton (1)
- Lisbon (1)
- Madrid Waddington (1)
- Morristown (1)
- Ogdensburg (2)
- St. Lawrence Central (2)

Break Out Rooms - 10 Minutes

Teen Ambassadors, Law Enforcement, and Human Service Representatives discussed plans for their assigned schools

Breakout Discussions:

- How do you get teens to participate in the art and video contest?
- Meet, in person, 1-2 times before the contest deadline which is May 6th
- Support campaign participants
- Round table discussions
- Hands-on activities such as:
 - How to spot online predators, how to disengage from them, reporting, and going to an adult for help
 - How to identify signs of a person in crisis and lead them to help
 - Keep in mind that each school is different and has its own needs. What one school is doing doesn't mean your school has to do the same

Breakout Room were adjourned and adults/parents were given the option to log off of the meeting

Youth Bureau Newsletter

- Newsletters are released monthly
- Submit content by Friday, April 29th, for May's issue
- Newsletter Committee-
 - Amanda Woods and Mattie Lomoglio (Committee Leaders)
 - Other Members: Peyton Taylor, Elif Cetinkaya, Anant Bansal, Joanie Shaw, Amelia Rodee, Alivia Sochia, Johannes Richter
- May Newsletter will continue to focus on Sextortion and Suicide Awareness
- May topics may include: Tips on avoiding online predators, best internet safety practices, how to talk to a friend in crisis, the May virtual Workshop on Reducing the Stigma Behind Mental Health
- For any questions please reach out to Mattie, Amanda, or Alexa

2nd Annual Trash Dash

- 5 locations: Canton, Potsdam, Governeur, Ogdensburg, Massena
- Earth Day is Friday, April 22nd
- Global Youth Service Day April 29th May 1st
- Saturday, April 30th and Sunday, May 1st
- Potsdam and Gouverneur on Saturday 4/30 at 9:00am
- Canton, Massena, and Ogdensburg on Sunday 5/01 at 2:00pm
- In partnership with Reality Check with Seaway Valley Prevention Council
- Welcome Travis Jordan, Reality Check Coordinator
- Online Registration- everyone planning on attending needs to register
- The Registration Deadline is Friday, April 15th
- Safety Training the day of the event
- Flyers and Posters were distributed to schools
- Plan on attending and get your friends to register too
- Congratulations to Cole Siebels for being awarded a \$500 grant from the Hershey Heartwarming Project and the Allstate Foundation to help with supplies and recognition awards
- Travis Jordan- Reality Check
- Trash items are to be separate from tobacco and alcohol based products ONLY

May Partnership with St. Lawrence County Suicide Awareness Coalition

National Mental Health Awareness Month

- Reducing the stigma associated with Mental Illness
 - A Teen-Led Virtual Workshop
 - Thursday, May 19th at 7:00pm
 - Role play on Sunday, May 15th during the May Meeting
 - 5-6 Youth Committee Ambassadors desired
 - Suicide Awareness 5k/Festival in September Rosemarie Maneri

April and May Partnership with SLC EMC (Environment Management Council)

- Pollinator Garden outside of Canton
 - Friday, April 22nd Teen volunteers are needed to prepare the site for planting
 - Approximately $1\frac{1}{2}$ 2 hours commitment
 - Planting will occur in late May
 - Email Dakota Casserly at DCasserly@stlawco.org for event sign-ups and/or about joining EMC

Reducing Political Polarization- A Virtual Workshop

• Led by Cole Siebels on Thursday, April 28th

- Teen Ambassadors: Spread the word about this event. Share the time and date, and convince them to join virtually. Talking with teachers about giving extra credit or having an award available succeeding their participation might inspire them to join this workshop.
- Shoutout to the Ambassadors who attended Cole's practice run through his Workshop!

NACo (National Association of Counties- I Love My County Because... Art Contest

- Opportunity to bring art, youth, and county government together
- Deadline for submission is May 1st, 2022

Dates to Remember:

- Next YC Meeting- Sunday, April 24th at 4:00pm
- May YC Meeting- Sunday, May 15th at 4:00
- May Newsletter submission deadline is Friday, April 29th

Meeting Adjourned at 4:53pm